HSO MHNP LOGIC MODEL

	CMT	HSO PRACTICES
Components	Education Evaluation Program Development & Administration	Family Physicians Mental Health Counsellors Psychiatrists Registered Dietitians
Activities	♦ Collect & distribute educational materials & develop, organise, & run training programs for practitioners & students ♦ Provide case consultation & supervision ♦ Write publications & do presentations at academic forums ♦ Evaluate program activities by collecting & analysing patient demographics, care utilisation, treatment delivery, patient outcomes, practitioner activity, & practitioner & patient satisfaction ♦ Create & maintain linkages with psychiatric & nutrition networks ♦ Manage the budget, allocate funds, & distribute resources among the 38 HSO practices ♦ Develop proposals for external funding ♦ Advertise for & interview staff ♦ Represent 38 HSO practices to MOHLTC & vice versa	♦ Maintain a triage protocol to assess, treat, & monitor patients as well as to provide aftercare ♦ Collaborate with team members regarding treatment management plans & follow-up care ♦ Refer patients internally & externally when necessary ♦ Facilitate & run mental health & nutrition counselling groups ♦ Provide telephone advice for patients ♦ Attend educational, evaluation, & administrative meetings ♦ Advise FPs regarding mental health & nutrition management strategies ♦ Supervise students ♦ Complete the appropriate evaluation, insurance, medical, & legal forms ♦ Participate in research projects & presentations about the program ♦ Participate in program planning & future direction ♦ Collect & provide information about community resources ♦ Represent the program on external professional committees ♦ Collaborate with external organizations ♦ Maintain professional accreditation
Short-term Objectives	♦ Increase the skill level & confidence of FPs in detecting & managing mental health & nutrition problems ♦ Increase the availability of educational materials to HSO practitioners, students, & patients ♦ Provide updates about the program internally & externally ♦ Assist non-HSO practitioners in setting up similar programs ♦ Collect & maintain patient data ♦ Maintain standards of service delivery using evaluation data ♦ Provide reports to the MOHLTC as required ♦ Provide feedback regarding evaluations to HSO practitioners & practices ♦ Participate in the psychiatric & nutrition networks ♦ Maintain equitable distribution of funds & resources ♦ Reduce FPs' recruitment workload ♦ Obtain grants	♦ Provide primary care ♦ Increase access to mental health & nutrition care (internally & externally) ♦ Increase mental health & nutrition services in primary care (assessment, treatment, counselling groups, telephone advice, etc) ♦ Provide means for continued practitioner education (formally & informally) ♦ Increase comfort, knowledge, & skills in handling mental health & nutrition issues in primary care ♦ Establish collaborative relationships among team members & increase peer support ♦ Provide accurate & consistent patient data ♦ Maintain accountability to the CMT ♦ Contribute to research & presentations about the program ♦ Supervise students ♦ Collect & discover community resources ♦ Maintain professional accreditation ♦ Participate in evaluation meetings ♦ Attend external committee meetings ♦ Collaborate with other community programs ♦ Participate in program planning
Long-term Objectives	♦ Promote a detailed, well functioning shared care model as versatile & applicable in other communities, as well as appropriate for the inclusion of other specialties as per the needs of the patient populations ♦ Contribute to patient & practitioner satisfaction	♦ Increase detection & treatment of mental health & nutrition problems in primary care ♦ Reduce the risk, duration, & effects of acute & episodic health problems for a decreased burden on the traditional system ♦ Reduce the risk & effects of continuing health problems ♦ Improve and/or maintain patient function, resilience, & health for better outcomes as per the incremental stages of change (Figures 4 & 5)
Ultimate Objectives	♦ Maintain a well funded & functioning program ♦ Contribute to national & international primary care reform	♦ Provide sustainable, effective, & efficient delivery of mental health & nutrition services in primary care for the improved wellness of the patient population